



The Adventure Hub

Information Booklet

Venue: Emma Ruby House
41 Templeton St
Cook, ACT



The Adventure Hub

INFORMATION BOOKLET

WEEK 1
8:30–5:30PM

Date: Monday 29th September 2025

Activity: Floriade

Activity Cost approx. - \$10 - \$40 depending on activities – invoiced

Please bring your companion card

Activity details: For our first day, we will be heading to Floriade for the day. Exploring and enjoying all the beautiful flowers and the activities.

Please bring spending money if you would like to purchase any food for lunch, otherwise bring packed lunch.

Please bring: snacks, morning tea, picnic lunch or \$\$ to buy, and afternoon tea.



Date: Tuesday 30th September 2025

Activity: Bowling at zone Bowling

Activity Cost approx: \$15.00 – Invoiced

Please bring your Companion card

Activity details: today we will be going to zone bowling Belconnen to participate in ten in bowling and arcade games

Please bring: snacks, morning tea, lunch and afternoon tea.



Date: Wednesday 1st October 2025

Activity: Swimming at Stromlo Leisure Centre

Activity Cost: FREE – please bring a campion card

Activity details: Today, we will be going for a swim at Stromlo Leisure Centre, Tuggeranong! Bring your swimmers and towel, as well as any swim proof sanitary items if necessary

Please bring: snacks, morning tea, lunch and afternoon tea.



Date: Thursday 2nd October 2025

Activity: Moncrieff park + BBQ

Activity Cost: \$5.00 - Invoiced

Activity details: Today we will be going to Moncrieff recreational park to enjoy a nice day out and a BBQ lunch.

Please bring: snacks, morning tea, and afternoon tea.



Date: Friday 3rd October 2025

Activity: Gold Creek

Activity cost: approx. \$35.00 – Invoiced

Please bring your companion card

Activity details: Today we will be going to Gold Creek for the day, where we will enjoy exploring the venue. Participants can choose 2 venues to explore throughout the day. If participants would like to purchase lunch at the café, they are more than welcome to.

Please bring snacks, morning tea, picnic lunch or \$\$ to buy, and afternoon tea.



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WEEK 2
8:30–5:30PM

Date: Monday 6th October 2025

Activity: NO PROGRAM TODAY

Adventure Hub Closed – Public Holiday



Date: Tuesday 7th October 2025

Activity: Flip out -Trampoline Park

Activity Cost \$16 – invoiced

Please bring your companion card

Activity details: Today we will be going to flip out indoor trampoline park playground Majura where we can enjoy an action-packed day on the trampolines, ninja course and many more fun activities.

Bring **FLIP OUT SOCKS** if you have them

Please bring snacks, morning tea, lunch, and afternoon tea.



Date: Wednesday 8th October 2025

Activity: Swimming at Lakeside Leisure Centre

Activity Cost: FREE

Activity details: Today, we will be going for a swim at Lakeside Leisure Centre, Tuggeranong! Bring your swimmers and towel, as well as any swim proof sanitary items, if necessary,

Please bring snacks, morning tea, lunch, and afternoon tea.



Date: Thursday 9th October 2025

Activity: Taralga wildlife park

Activity Cost: approx. \$20.00 -Invoiced

Please bring your companion card

Activity details: Today, we will be getting up close with variety of native, farm and exotic animals. After petting and feeding the animals, we will be having a picnic lunch at the park. – Taralga is situated north of Goulburn, so we ask that all drop offs are completed by 9:30AM.

Please bring: snacks, morning tea, packed picnic lunch, and afternoon tea.



Date: Friday 10th October 2025

Activity: Limelight Cinemas

Activity Cost: approx. \$20.00 -Invoiced

Please bring your companion card

Activity details: Today, we will go to Limelight Tuggeranong and watch either the new paw patrol movie 3 movie or Kangaroo.

Please bring: snacks, morning tea, packed lunch, and afternoon tea.
If you want to purchase drinks/snacks at movies please bring money.



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What to bring

Please bring the essentials:

- Lunch and other snacks
- A drink
- A spare change of clothes in case we do any messy play or a change is needed
- A hat and sunscreen
- Any personal hygiene items that are needed
- Medication needs to be provided in a Webster Pack or in it's original packaging and be signed in and out



If you are sick:

If a participant is sick, at respite or unable to attend their program on one of their rostered days, you will need to call The Trust to inform us as soon as possible on the following numbers:

To cancel you will need to give us notice as set out in your Service Agreement within the **Cancellations & Exit Notice Periods** table. If you do not notify us or notice is given outside of these timeframes, you will incur a cancellation fee equivalent to the cost of the support listed in the relevant NDIA price guide.

Coming and going:

Because of work health and safety issues all participants are to arrive at or after the set program start time and be picked up before or at the set finishing program time. No participants will be able to enter the program venue outside the set program running times.

Activity costs:

All activity costs are an estimate based on participant numbers from our last Adventure Hub period. The costs listed may at times increase or decrease depending on participant numbers.

If you have any questions regarding your program/service please give us a call on 1300 347 224.

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World-class facility

A range of **fun and engaging activities** will be available in Centre, including but not limited to:

Games

- Uno and other card games
- Board games
- Puzzles
- Scavenger Hunt
- Team Initiatives

Art & Craft

- Messy painting
- Colouring-in
- Tie-dye
- String art
- Puffy paint
- Paper spinner toys
- Chalk art

Recreation Activities

- Playground activities
- Sports (basketball, soccer etc.)
- Community walks
- Dancing
- In-centre Movies

Sensory Activities

- Sensory modelling clay & slime
- Water play
- Shaving cream art
- Making sensory bottles
- Music activities

Brain Games

- Science experiments
- STEM activities
- Matching games
- Paper Airplane competition



Each of these activities will be offered in Centre and will be available each day based on a visual schedule to encourage participants to make their own choices.