



The Adventure Hub

Information Booklet

Venue: The Disability Trust
124 Auburn Street
Goulburn, NSW



The Adventure Hub

INFORMATION BOOKLET

WEEK 1
8:30–5:30PM

Monday 29/09/2025 Yes No

Arts and Craft

Activity Cost: \$0

Arts and Craft at the Centre.

BYO morning tea and lunch.

9am – 3pm



Tuesday 30/09/2025 Yes No

Big Apple

Activity Cost: \$0

Visit the big apple in Tallong. Followed by lunch at the adventure park. **BYO morning tea and lunch.**

9am – 3pm



Wednesday 01/10/2025 Yes No

Movies and BBQ at park

Activity Cost: \$17.50

Activity details.

9am – 3pm



Thursday 02/10/2025 Yes No

Bowling in Belconnen

Activity Cost: \$10.00

BYO morning tea and lunch.

9am – 3pm



Friday 03/10/2025 Yes No

Questacon

Activity Cost: \$17.50

Companion Card Holders are FREE

9am – 3pm



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WEEK 2
8:30–5:30PM

Monday 06/10/2025 Yes No

Tennis

Activity Cost \$0

BYO morning tea and lunch.

9am – 3pm



Tuesday 07/10/2025 Yes No

Dinosaur Museum Canberra

Activity Cost \$12

BYO morning tea and lunch.

9am – 3pm



Wednesday 08/10/2025 Yes No

Flip Out Mittagong

Activity Cost \$20

BYO morning tea and lunch.

9am – 3pm



Thursday 09/10/2025 Yes No

Jamberoo Action Park

Activity Cost \$TBA

BYO morning tea & lunch.

9am – 3pm



Friday 10/10/2025 Yes No

Games

Activity Cost \$0

Board Game, Wii and PlayStation at the centre.

BYO morning tea & lunch. **BYO morning tea and lunch.**

9am – 3pm



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What to bring

Please bring the essentials:

- Lunch and other snacks
- A drink
- A spare change of clothes in case we do any messy play or a change is needed
- A hat and sunscreen
- Any personal hygiene items that are needed
- Medication needs to be provided in a Webster Pack or in it's original packaging and be signed in and out



If you are sick:

If a participant is sick, at respite or unable to attend their program on one of their rostered days, you will need to call The Trust to inform us as soon as possible on the following numbers:

Sport and Recreation:

Head Office: 1300 347 224 (24 hrs)

Program Mobile:

To cancel you will need to give us notice as set out in your Service Agreement within the **Cancellations & Exit Notice Periods** table. If you do not notify us or notice is given outside of these timeframes, you will incur a cancellation fee equivalent to the cost of the support listed in the relevant NDIA price guide.

Coming and going:

Because of work health and safety issues all participants are to arrive at or after the set program start time and be picked up before or at the set finishing program time. No participants will be able to enter the program venue outside the set program running times.

Activity costs:

All activity costs are an estimate based on participant numbers from our last Adventure Hub period. The costs listed may at times increase or decrease depending on participant numbers.

If you have any questions regarding your program/service please give us a call on 1300 347 224.